

**In Memory of**  
**Colour Sergeant HAROLD DAVID BENJAMIN**  
**SINNAMON**

**24205208, 8th County Tyrone Battalion, Ulster Defence  
Regiment**

**Killed in action, age 34, on 11 April 1974**

**Killed by a booby trap bomb as he searched a derelict house in  
Dungannon.**

**Laid to rest at ALL SAINTS CHURCHYARD,  
CROSSDERNETT, POMEROY, DUNGANNON, Co TYRONE.**

**REMEMBERED WITH HONOUR**



When they talk of Ulster,  
Tell them of us who died and say,  
For their tomorrow,  
We gave our today.

Commemorated in perpetuity by the Northern Ireland Veterans Association